



BLOG POST - AUGUST 2024

08/09/2024

Dear **Lake County**,

August is “Do Not Be a Bully” month, a time to celebrate and encourage kindness, inclusion, and acceptance, while raising awareness of the dangers and impacts of bullying. As schools and the online world are seeing more and more bullying, the effects on children’s mental health are astronomical.

Before the back-to-school season, Hope Rising encourages community members, families, friends, and neighbors to highlight the importance of kindness and how we treat others, from all walks of life.

Bullying can also affect professionals, and as leaders it is of utmost importance to be aware of workplace bullying and harassment to protect employee's mental health, and in turn supporting the productivity and engagement of your team.

We encourage professionals, students and parents, to explore the support systems provided by their organizations and schools.

To get more information or to participate further in Hope Rising initiatives, please email grossme01@ah.org.

The Hope Rising team

HOPE RISING LAKE COUNTY

Facebook: [Hope Rising Lake County](#)

www.hoperisinglc.org

grossme01@ah.org